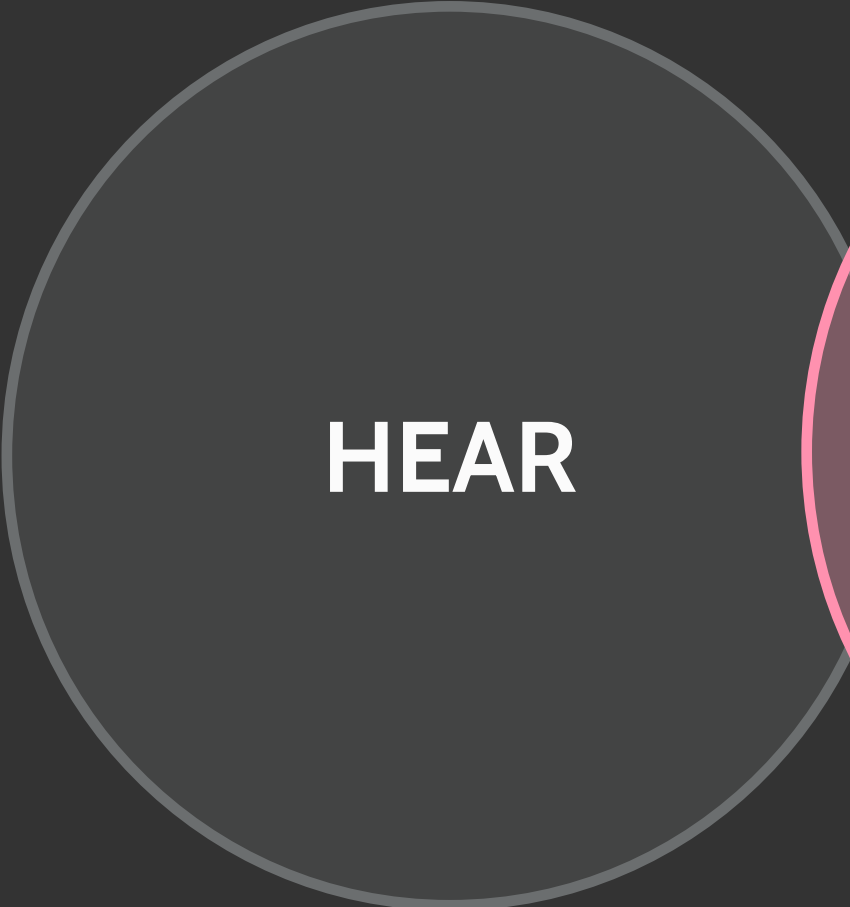


The art of listening

WHAT YOU WILL LEARN



- 1 Why it is important
- 2 Tips & Tricks
- 3 Exercises



HEAR



LISTEN



A pair of black over-ear headphones is shown against a bright yellow background. The headphones are positioned with the headband at the top and the ear cups facing downwards. A dark grey horizontal bar is centered across the middle of the image, containing the text "PROFESSIONAL & PERSONAL" in a light pink, sans-serif font. The ear cup on the right side of the image is tilted, revealing a control panel with a red power button, a volume knob, and a small display. The headband has a perforated texture for ventilation.

PROFESSIONAL & PERSONAL

1

FRIDAY

2



3

PARAPHRASING

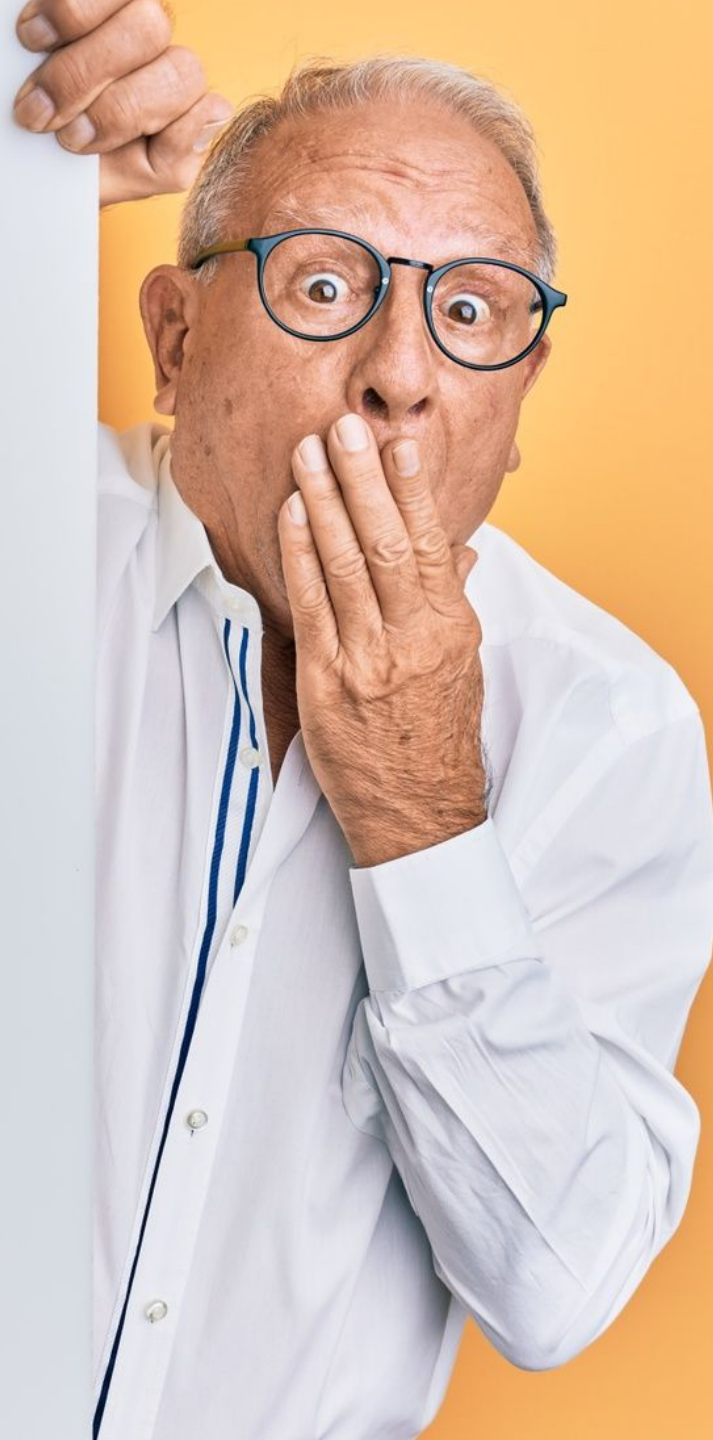


4

WHAT?
HOW?



5



PUT IT ALL TOGETHER

- 1 Full attention
- 2 Eye contact
- 3 Paraphrasing
- 4 Open questions
- 5 Avoid interrupting

PRACTICE WITH A PARTNER

5mins



SUMMARY

- 1 Present
- 2 Practice
- 3 Proactive

Q&A



Let's connect

Daryl Seager



Eliška Čejpová

